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*"He who has a generous eye will be blessed, for he gives of his bread to the poor." Proverbs 22:9*

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### **SERVICE SNAPSHOT**

**10,282 INDIVIDUALS SERVED IN NHN FOOD KITCHENS TO DATE.**

**3,435 FAMILIES SERVED IN NHN FOOD WAREHOUSE TO DATE.**

## *Media Spotlight*

On Wednesday, February 27, 2019, WSET News in Lynchburg visited our MHBC Food Kitchen to share with the community a milestone for NHN. We have now served over 10,000 meals!! Here is a link to that article:

[www.wset.com/news/local/its-about-helping-those-out-of-poverty-nonprofit-serves-10000th-meal-to-community?fbclid=IwAR0xWogS0scvlwAsV\\_ypQg-h-0O6T8bwZj6kblfA-j2pwFrDbxJh6LqdHf4](http://www.wset.com/news/local/its-about-helping-those-out-of-poverty-nonprofit-serves-10000th-meal-to-community?fbclid=IwAR0xWogS0scvlwAsV_ypQg-h-0O6T8bwZj6kblfA-j2pwFrDbxJh6LqdHf4)

**As president, Garry Friend, often says, "It's not just about the food."**

Through the efforts of committed partners, connections are being made with those who are experiencing food insecurity as a result of life altering circumstances or generational poverty. This is only the first step in building bridges to help our neighbors in Amherst County overcome poverty.

We ask for your prayers for guidance in creating programs that effectively address the needs and minister to those we serve.

## *Thank You!*



**Special thanks to Keith Wilkerson  
for installing a heavy duty ramp for  
our new freezer!**

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**Neighbors Helping Neighbors appreciates our community for the many ways  
they support our mission.**

- A shout out to **Briar Patch** for baking the delicious hams enjoyed by guests in January.
- We are so grateful to **El Mariachi Mexican Restaurant** in Amherst for regularly providing entrees for our Ascension Food Kitchen. Next time your family is in El Mariachi, please remember to thank them for their partnership with NHN!

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Our friends at **Car Max** now have a place on our Special Wall of Recognition.  
Thanks for all you do for NHN!



## Lenten Season 2019

NHN would like to thank **Madison Heights Baptist Church and the Kitchen Committee** for inviting our guests to share in the Lenten Service and the meal that followed on Wednesday, March 20.



We are so thankful for **Madison Heights Baptist Church** and their willingness to allow NHN to serve meals in the Fellowship Hall each Wednesday. NHN could not do it without them!

## *Volunteer Opportunities*

### *Individuals*

***Food Kitchens & Warehouse sign up - Do you have 1 morning a month that you would like to volunteer somewhere?***

*NHN has spots available in our Madison Heights and Amherst Food Kitchens.*

*If you have a Wednesday or Thursday open just once a month, we can use your help.*

*Kitchen volunteers work from 9:00 -1:00 and servers from 10:00 - 1:00.*

*We serve a hot meal each Wednesday at MHBC Food Kitchen & a hot meal each Thursday at Ascension Episcopal Church in Amherst.*

*Visit our site at [nhnamherst.org](http://nhnamherst.org) where you can learn about these opportunities & complete a volunteer application. Feel free to message us on our Facebook page if you have any questions.*

*Let's work together to help our community and neighbors!*

- *Food Pantry Guest Pick up*
- *Bake desserts for Food Kitchens*

### *YOUTH GROUPS & CHURCH GROUPS*

- *Can Drive Follow up - sorting and shelving cans*
- *Food Pantry Cart Runners (should be at least 16 or accompanied by an adult if under 16).*
- *Cleaning & stocking post-distribution day. Could be scheduled on Saturday or on the following Monday.*
- *Collect plastic recycle bags for Food Pantry*
- *Collect food cans for Food Pantry*

*Click on the link to our website [www.nhnamherst.org](http://www.nhnamherst.org) to sign up!*

## *Volunteer Spotlight*

We would like to recognize volunteer, **Tommy Clements** for our March volunteer spotlight. A lifetime Amherst County resident and retired from General Electric, Tommy does double duty in the Warehouse and Food Kitchens. On Warehouse days, he is our USDA Expert, working so efficiently and graciously with our shoppers. We salute you, Tommy!

